



January 2009

Zion Lutheran Beaver

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 No School	2 No School
5 Grilled Cheese Vegetable Soup Veggie Fruit Milk	6 Salisbury Steak Baked Potato Veggie Fruit Milk	7 Macaroni & Cheese Veggie Fruit Milk	8 Breaded Chicken Pieces Mashed Potatoes Veggie Fruit Milk	9 Spaghetti & Meat Sauce Veggie Fruit Milk
12 Fish Sticks Tator Tots Veggie Fruit Milk	13 Tacos Veggie Fruit Milk	14 Chicken Noodle Soup Veggie Fruit Milk	15 Stuffed Crust Pizza Veggie Fruit Milk	16 Hamburger Gravy over Mashed Potatoes Veggie Fruit Milk
19 Chicken Fajitas Veggie Fruit Milk	20 Sub Sandwiches Goldfish Crackers Veggie Fruit Milk	21 Lasagna Veggie Fruit Milk	22 Chicken Gravy over Rice Veggie Fruit Milk	23 Popcorn Chicken Potato Smiles Veggie Fruit Milk
5 th & 6 th	Grade	Lunch	Picks	
26 Chili Veggie Fruit Milk	27 Stromboli Veggie Fruit Milk	28 Chicken Patty on a Bun Veggie Fruit Milk	29 No School	30 No School



News

Offered each day in addition to the main entrée are Hot Dog, Tuna and PBJ Sandwich. A full salad bar will be offered two or three times a week. A second main entrée may be purchased each day for an extra \$0.25. Menu subject to change. Any questions or concerns you can contact me through Fast Direct.

